



TEACHER TRAINING PROGRAMS

We offer three Programs: Intensive Mat, Intensive Reformer, and Comprehensive Pilates. Apparatus courses may be purchased à la carte or in full for the Comprehensive Program.

Each apparatus course includes beginner to advanced Pilates repertoire and Programming for Special Populations. Anatomy for Movement is a prerequisite for all Programs.

Anatomy for Movement (payable & viewable at watch.naturalpilatestv.com)

Tuition	\$499
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Intensive Mat

Registration Fee	\$100	2022 Dates:
Tuition	\$1,320	April 6 - 9 @ 12:30-6pm
Practice-Teaching Labs	\$220	April 11 - 14 @ 12:30-6pm
Materials Fee	\$75	
	\$1,715	

Intensive Reformer

Registration Fee	\$100	2022 Dates:
Tuition	\$2,145	May 3 - 7 @ 12:30-6:30pm
Practice-Teaching Labs	\$825	May 10 - 14 @ 12:30-6:30pm
Materials Fee	\$75	May 20 - 21 @ 12:30pm-6pm
	\$3,145	

Intensive Cadillac & Tower

Registration Fee	\$100	2022 Dates:
Tuition	\$1,155	June 13 - 19 @ 12:30-6pm
Practice-Teaching Labs	\$660	
Materials Fee	\$50	
	\$1,965	

Intensive Chair & Barrels

Registration Fee	\$100	2022 Dates:
Tuition	\$990	June 22 - 26 @ 12-6:30pm
Practice-Teaching Labs	\$220	
Materials Fee	\$50	
	\$1,360	

Comprehensive Program (pricing includes all apparatus courses)

Registration Fee	\$100
Tuition	\$5,610
Practice-Teaching Labs	\$1,925
Materials Fee	\$250
	\$7,885

Please note: Observation and Self-Practice Hours are included in the cost of Tuition. Group sessions, private sessions and Practical Exam Fees are additional. (Students receive a discounted rate for group classes: \$250 for a package of 10). Students are given 6 months from the last day of their apparatus course to obtain their self study hours and take their Written and Practical Exams.